



D I N N E R	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad
	Cranberry Glazed Ham <i>or</i> Pot Roast with Gravy Scalloped Potatoes Steamed Broccoli Tapioca Pudding	Artichoke Chicken <i>or</i> Grilled Shrimp Seasoned Rice Roasted Zucchini Chocolate Cake	Swedish Meatballs <i>or</i> Shredded Herb Chicken and Rice Noodles Baby Carrots Baked Roll Cherry Pie	Rosemary Pork with Honey Mustard <i>or</i> Chicken Bacon Florentine Herb Roasted Red Potatoes Corn O'Brien Banana Cake	Creamy Tarragon Chicken <i>or</i> Lemon Baked Tilapia Fettuccine Alfredo Italian Peas Pecan Pie	Sour Cream Cheddar Cod <i>or</i> Pork Loin Chop with Country Gravy Rice Sautéed Spinach Cherry Parfait	Tangy Pork Roast <i>or</i> Beef Burgundy Parsley Noodles Bacon Brussels Sprouts Hawaiian Roll Assorted Desserts
S U P P E R	Tomato Soup	Soup Du Jour	Tortilla Soup	Cream of Mushroom Soup	Soup Du Jour	New England Clam Chowder	Homestyle Vegetable Soup
	Grilled Cheese Sandwich <i>or</i> Chicken Alfredo Bake Carrot Raisin Salad Chips Jello with Fruit Cocktail	Baked Ham Casserole <i>or</i> Egg Salad Sandwich Fresh Fruit Salad Baked Roll Oatmeal Raisin Cookie	Chicken Taco Salad <i>or</i> Hot Denver Sandwich Mexican Cornbread Assorted Desserts	Baked Penne <i>or</i> Asian Chicken Salad Chef's Steamed Vegetable Vegetable Egg Roll Vanilla Ice Cream	Philly Steak Sandwich <i>or</i> Country Casserole Green Beans Steak Fries Fresh Fruit Salad	Ground Beef Casserole <i>or</i> Shredded Pork on a Bun Vegetable Medley Salad Cookie	Chicken Tenders <i>or</i> Grilled Cheese Sandwich with Tomato Coleslaw Vinaigrette Chips Orange Sherbet Dish
							Week 4

Dietitian's Signature: *Diane A. Jager #610128*
10-9-2022