



Weekly Menu

Glade Avenue Senior Living



B R E A K F A S T	<p>Cold Cereal Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast</p>	<p>Buttermilk Pancakes Breakfast Ham Fresh Fruit 100% Juice</p>	<p>Scrambled Egg Fresh Fruit 100% Juice Whole Grain Toast</p>	<p>Country Gravy and Biscuits Sausage Link Fresh Fruit 100% Juice</p>	<p>Ham Egg and Cheese Casserole Fresh Fruit 100% Juice Whole Grain Toast</p>	<p>Cinnamon Belgian Waffles Egg of Choice Fresh Fruit 100% Juice</p>	<p>English Muffin Breakfast Sandwich Fresh Fruit 100% Juice</p>
L U N C H	<p>Yankee Pot Roast Scalloped Potatoes Creamed Spinach Baked Roll Layered Lemon Dessert</p>	<p>Country Fried Shrimp Seasoned Rice Asparagus with Hollandaise Sauce Cauliflower with Cheese Sauce Baked Roll Fruit Crisp</p>	<p>Herb and Citrus Butter Roasted Turkey Noodles Lemon Pepper Green Beans Baked Roll Chocolate Chip Cake</p>	<p>Rosemary Pork with Honey Mustard Roasted Yams Harvard Beets Baked Roll Pecan Pie</p>	<p>Marinated Steaks Baked Potato Garlic Roasted Brussels Sprouts with Dijon Baked Roll Chocolate Peanut Butter Pie</p>	<p>Sour Cream Cheddar Cod White and Wild Rice Pilaf Mixed Vegetables Baked Roll Funnel Cakes</p>	<p>Deluxe Hamburger French Fries Pickle Relish Plate Creamy Strawberry Dessert</p>
D I N N E R	<p>Pork Stroganoff California Normandy Blend Graham Cracker Chocolate Chip Cookie</p>	<p>Broccoli Cheese Casserole Roast Beef Sandwich Fresh Fruit Salad Whole Grain Bread Maple Oatmeal Cookie</p>	<p>Chicken Taco Salad Pineapple Salad Mexican Cornbread Blueberry Crumb Bar</p>	<p>Baked Penne Sesame Ginger Salmon Salad Lettuce Tomato Salad Zucchini Bread</p>	<p>Hot Turkey Sandwich with Gravy Green Beans Garlic Texas Toast Double Chocolate Chip Cookie</p>	<p>Apricot Glazed Meatloaf Vegetable Medley Salad Baked Roll Lemon Lush Pudding</p>	<p>Deli Sandwich Cucumber Dill Salad Corn Chips Brownie</p>
Milk offered at every meal							