



Weekly Menu

Lighthouse



| | | | | | | | |
|---|--|---|---|---|---|--|---|
| | | | | | | | |
| B R E A K F A S T | Cold Cereal Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast | Pancakes Egg of Choice Fresh Fruit 100% Juice | Scrambled Egg Hash Browns Fresh Fruit 100% Juice Whole Grain Toast | Country Gravy and Biscuits Sausage Link Fresh Fruit 100% Juice | Pancakes Fresh Fruit 100% Juice Whole Grain Toast | Belgian Waffle Bacon Fresh Fruit 100% Juice | English Muffin Breakfast Sandwich Fresh Fruit 100% Juice |
| D I N N E R | Green Salad Cranberry Glazed Ham Rice Orzo Pilaf Capri Blend Baked Roll German Cheesecake | Green Salad Melt In Your Mouth Chicken Seasoned Rice Roasted Zucchini Baked Roll Fruit Crisp | Green Salad Swedish Meatballs Noodles Lemon Pepper Green Beans Baked Roll Chocolate Chip Cake | Green Salad Rosemary Pork with Honey Mustard Roasted Yams Harvard Beets Baked Roll Pecan Pie | Green Salad Beef Patty with Mushroom Gravy Baked Potato Lemon Glazed Carrots Baked Roll Pudding Tart | Green Salad Sour Cream Cheddar Cod White and Wild Rice Pilaf Sauteed Spinach Baked Roll Berry Buckle Cake | Green Salad Turkey Scallopini Red Potatoes Bacon Brussels Sprouts Baked Roll Pumpkin Squares |
| S U P P E R | Soup Du Jour Turkey Pasta Casserole Carrot Raisin Salad Peaches | Garden Vegetable Soup Roast Beef Sandwich Potato Chips Garden Pasta Salad Whole Grain Bread Cookie | Tortilla Soup Hunter's Chicken White and Wild Rice Pilaf Balsamic Roasted Vegetables Whole Grain Bread Ice Cream | Italian Vegetable Soup Baked Penne Lettuce Tomato Salad Zucchini Bread | Butternut Squash Soup Hot Turkey Sandwich with Gravy Green Beans Pear Fruit Medley | Cream of Zucchini Soup Pasta Cheese Casserole Mexicali Corn Fruit Cocktail Salad | Vegetable Barley Soup Chicken Tenders Coleslaw Vinaigrette Tater Tots Fudge Bar |
| | | | | | | | |